

# **KingsCare**

**League of Friends**

**Annual Report and  
Accounts**

**2021/2022**



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## **Trustee Statement**

The Trustees have worked to ensure that the activities of KingsCare League of Friends are always governed by the Aim of the charity which is, with the help of volunteers, to improve the quality of life of those in need within the wider community. All Trustees give of their time on a voluntary basis and none have claimed any recompense for any action associated with their role of trustee during the year.

The trustees who were re-appointed at the AGM were:

Mr Phil Millichap – Chair

Mr Graham Wickham – Vice-Chair

Mr Rupert Holliday – Treasurer

Dr Mark Clarvis

Mr Nicholas Biggs

Mr David Rollason

Dr William Farrar

Mr Keith Smith

Mr Kingsley Matthews

Mr Peter Stevens

Mr Ken Dainton resigned from the Board of Trustees at the AGM on 29<sup>th</sup> November 2021.

Under the direction of the trustees we have worked throughout the year to ensure that the Key Activity Indicators are reviewed and updated at regular intervals.

## **Chair's Report**

The COVID-19 pandemic has affected everyone in our community in some way and unfortunately its impact will be felt for many years. We have had the direct health impacts as well as the disruption to health and social services. People are more likely to feel lonely, especially those living alone or who are unwell. Mental Health and Wellbeing has been negatively impacted. People are more depressed, anxious and afraid because of lockdown, family concerns and bereavement. KingsCare's services have never been more needed locally. We supported well in excess of 2,000 individuals, ran more than 200 group sessions and made 3,000 trips for our community. This would not have been possible without our volunteers, staff and funders – thank you all for doing your bit to help locally.

The year has felt a bit like the morning after the night before, but all of our activities at some stage in the year re-started along with some new ones – please take the time to read the report you will be amazed by the depth and breadth of activities / support we have given. From Carers Groups, Memory Cafes, Anxiety Cafes, Allotments, walking and swimming groups (in the pool and in the sea) it's been a busy successful year.

As the need has remained with the NHS overwhelmed and with the Lottery funding now ended, funding for the charity is a major concern. The charity has grown hugely assisted by Lottery support which has been fantastic news for the community. We now need to find ongoing funding for this much larger charity moving forward. Funding streams at the moment are transient and the funding environment is significantly more fragmented and difficult than 5 years ago. We have benefited from some incredibly generous legacies in the last few years which have helped hugely. These are firm evidence that our efforts are really appreciated in the community.

KingsCare and Kerswella Care are amazing organisations doing wonderful things in their communities. There are so many acts of kindness and support given. This would not be possible without Maggie, our dedicated staff and lovely volunteers – on behalf of the Trustees a huge thanks to you all!

## **Manager's Report**

We started the year with optimism that the pandemic was on its way out and we could begin to plan for the restarting of activities by the Summer. However, we also acknowledged the need for the continuation of homeworking so invested in some detailed training on the use of our data collection system, CareLink.

In April we were given a short term grant through the Wellbeing Partnership to build a database of Approved Service Providers whom we can recommend to support people in need of a wide range of services from hairdressers to electricians, care agencies to gardeners. Each service provider has to sign a customer charter and we regularly check with customers on the service provided to ensure that it is of good quality.

The first of our group activities started in May with a face-to-face Carers' Group and a standing Tai chi class. We were awarded the Teignbridge CVS Quality Assurance Mark for the second time.

By June we had restarted our Monday walking group under the leadership of Graham Warren and Rosemary Newman was allowed back into Newton Abbot Hospital for the first time for 15 months so that she could visit the patients in person to ascertain how best to help them on their discharge home.

We submitted our final return to the Lottery after 5½ years. It felt very odd to not have the Lottery behind us any more! However, their generous support over all that time did enable us to do all that we promised in the original Reaching Communities bid and more. The work we now do throughout Newton Abbot wouldn't have been possible without it and the number of people we have helped there over the years is very considerable.



In July we took over an overgrown allotment in the middle of Kingsteignton and started on the mammoth task of clearing it. The plan is to make it into a quiet space containing raised beds, seating, plants that attract insects and plants that give off a pleasant aroma. It will be somewhere to go and potter in the greenhouse, tend the

garden and generally relax. As it is hidden among a group of houses we are not aiming at encouraging large groups of people to engage in the project as we have to be sensitive to the neighbours but we are hoping that it will become a natural haven for just a few local people who will benefit from connecting with nature in a central town location. A huge vote of thanks is due to Darrin of Sibelco who got a small gang of his workforce together to do the initial clearance and has done a great job in moving the soil and rocks around so that we can make sense of the plot. An equally large vote of thanks also goes to Billy whose local connections and hard work are turning this wasteland into something special.



Kingsteignton Town Council once again supported our summer swimming sessions at Kingsteignton Pool. Due to Covid restrictions swimmers were not allowed either to shower

or to socialise after the swim but the swimmers were so delighted to be able to return after 2 years that the restrictions didn't concern them unduly.

During the Summer the staff started to return to the office with more frequency though, because of the lack of office space, home working continued alongside.

By August we had many of our groups in Newton Abbot up and running again and had re-started singing. Harriers of Newton Abbot found themselves with a vast quantity of teddy bears for which they had no use. We were very fortunate in being able to secure 100 of them to help us with our fundraising over the coming months.

Throughout the pandemic our amazing volunteers did a huge amount of shopping for the housebound. As the months of 2021 went by, the call on this service abated though we will probably maintain a higher number than we ever did pre-pandemic.

Similarly the calls for prescription deliveries slowed down.

In September we were able to hold our first Kingsteignton social afternoon, Tea & Chats and were delighted to be able to host a birthday party for Mary Hewitt whose 100<sup>th</sup> happened to fall on that day.



Our much loved minibus trips out and about were sorely missed. One of our regulars decided they hadn't been running because I wouldn't let them! True but I think Covid restrictions were partly to blame as well! However, as the restrictions lessened the trips could be get going again and every Wednesday became trip day.

Also, in September, Chris Wright, the widow of our much loved minibus driver, Alan, was finally able to hold a day of celebration for his life which those who worked with him were proud to be able to enjoy. Some of us were privileged to be invited to a lunch in a hotel in Paignton and a trip down the River Dart in the evening to lay his ashes at the mouth of the river. Very moving.

In October we held our first Lunch Club in Kingsteignton for 19 months. We knew that several of our pre-pandemic regulars had passed away or would otherwise be unable to attend again so the lunch numbers were down at first but, I'm delighted to say, the numbers have grown over the subsequent months. Similarly all the Avenue groups have been rebuilding since our re-opening except for the Writing Group. Unfortunately our excellent tutor, Sarah Hopkins, has been unable to resume her classes but we live in hope that she will be back at some stage.

In December we were able to visit people in their own homes in the company of the Beavers and deliver Christmas hampers, another of our annual events that couldn't happen during the pandemic. Although the children were not able to enter the recipients' houses



as in previous years, it was a dry evening and much chatter went on on the doorstep.



Also in December we had a stall at the Newton Abbot Victorian Evening, another annual event that could not be held during the pandemic. Raffling from a stall mainly made up of our teddy bears, we had a great evening and raised £210. It felt really good to be back taking part in a community event after the months of restrictions that prevented so many such events from happening

Although the partners at Kingsteignton Medical Practice no longer allow the display of posters within the building, they agreed to the erection of an outdoor noticeboard enabling us to advertise our activities to those passing by, many of whom do not routinely log on to social media.

Over the year much work has gone on in the background as we build up the case for the Sorting Office project and all the individual streams of work that KingsCare undertakes. These are all covered below. Meanwhile I wish to thank the Trustees, staff and volunteers who've all worked so hard to help us to maintain and grow our vital work during the last year.

**Maggie Bonnell**  
**Manager**

## **Fundraising**

Through most of this financial year community fundraising activities were unable to be held as they would have done pre-pandemic. However money was raised for us in various ways and we're extremely grateful to those who organised them for us.

The Sandygate Inn hosted a weekend festival to raise money for our suicide prevention project, #doitfordeaks. It was well attended and, together with other events hosted by the pub, raised £4,720 for the cause.

We were awarded £2,000 from the Teignbridge Covid Hardship Fund which we are investing in a cookbook that will be available in 2022.

Southlands Residential Care Home organised a virtual cycle ride for their residents down the length of the Thames, ending up at pier in Southend. The residents absolutely loved it and raised money for KingsCare along the way.



● Southlands home manager Carol Dyke presents Maggie Bonnell from KingsCare with the cheque with Newton Abbot's deputy mayor Carol Bunday.

## Pedal power boosts charity's coffers

TEN days of cycling using foot cycles saw residents from Southlands Care Home in Newton Abbot complete a virtual trip of the River Thames last month and raised over £1,000 for local charity KingsCare.

The team of virtual cyclists, which included included three centenarians, had all been taking their turn to cycle to various locations from the source of the Thames to its end off Southend Pier in Essex.

Their original target was to virtually cycle 250 miles, however at the finish line Newton Abbot deputy mayor Carol Bunday was pleased to congratulate them at the finish line

on actually cycling over 300 miles and showing such great spirit.

Said home manager Carol Dyke: 'We are so proud of our wonderful team of cyclists who embraced the challenge and because so many wanted to take part the target was knocked out of the ballpark.'

'Every morning residents were up early to join in the fun of the day and encourage each other to use their heads or feet to cycle to the target location that day.'

'In doing so, and with the sponsorship from relatives and friends of Southlands, we were able to raise £1,232.50 towards the work of

KingsCare.'

At the reception, the residents were set their next challenge by Southlands proprietor Andrew Bone.

'We've called it The Wisdom of 2502 Years,' he said.

'The residents have been asked to come up with words of wisdom that they would wish to share with their children, grandchildren, other family members and their friends.'

'The challenge runs until mid-June and at the end we will put together everyone's words of wisdom in a booklet to be shared with families and friends.'

In September our Chair Phil Millichap, accompanied by one of our teddy bears, undertook a 19 day walk around the South West Coastpath to celebrate a milestone birthday of his own and to raise funds for our Sorting Office project.



We had several retiring collections and legacies which, together with a string of minor donations from a range of people for a range of reasons, helped boost our funds enormously. We are always taken aback by the generosity of people and always extremely grateful.

## The Hub

Every part of our organisation relies heavily on the commitment of our amazing team of volunteers. Never more so than with the work undertaken by our charity shop, the Hub, which is run entirely by volunteers. Because of the poor footfall and lack of parking close by, the volunteers work tirelessly to find other avenues through which to recycle some of the goods donated. This is a very time consuming occupation but it means that we are able to maintain the recycling of a huge number of donations for financial reward with the very minimum ending up at the tip. However, we would love to have the shop open more frequently as customer numbers are up on previous years but we desperately need more volunteers to enable this to happen.

## Newton Abbot Groups

Most of our Newton Abbot activities are based at the Avenue Church and this excellent venue continues to meet our needs and offer the facilities our beneficiaries require.

The start of the year was difficult as it coincided with the end of the National Lockdown and the beginning of the roadmap to live with Covid.

It was good to see that despite the unease regarding Covid, people were desperate to meet inside once again. The volunteers worked really hard alongside the Avenue Church to provide a Covid secure environment for our groups.

## **Drop in games sessions – Monday and Thursday**

The Drop-in games groups including table tennis ran twice a week, both started slowly but gained participants fairly quickly once the word got out. Although billed similarly the groups were different in character, Monday being busier often attracting 15 or so; Thursday a quieter session often with different groups of participants and volunteers. Dominoes, Scrabble and Table Tennis were popular throughout. The groups provided valuable mutual support and some respite for Carers too.

## **Exercise**

The exercise group met each Monday and although a smaller group this year, achieved a loyal following. The instructor David Jenkin was able to tailor each session to the needs of individual participants.

## **Tuesday Craft and Games group**

The Tuesday Craft and Coffee group was rebranded as a Craft and Games group to reflect the need of the participants.

Again, the group grew well over the year from the Covid wary restart. Most importantly It was lovely to witness the interactions between all the participants and the support mutually given.

## **Time for You carers support group**

This group led by Rosemary Newman had operated via zoom during the previous lockdown so it was with a huge sigh of relief that the group was able to restart physically. There is no substitute for a face-to-face meeting with other carers and supportive professionals. Carers Week was appropriately recognised with a special day event which was well supported.

## **Memory Café**

The Memory Café started again after a 16 month break due to Covid restrictions. The numbers attending have quickly increased from 14-20 regular attendees and are rising. Over the year the participants have taken part in a wide range of reminiscence activities and quizzes to help provide cognitive stimulation. There has also been a range of outside speakers, entertainers and a therapy dog visiting the Café to help bring variety to the proceedings.

## **Gardening**

The weekly sessions at the Coach Road allotment space on Thursday afternoons supported participants with memory problems to grow fruits and vegetables which they have been able to take home for the table. Although small in terms of beneficiaries the volunteers were very dedicated and some marvellous produce was grown and sold in aid of KingsCare. Unfortunately, as the year came to an end a decision was made to call a halt to these sessions and work on developing a new allotment project in Kingsteignton.

## **Mini Bus outings**

Our Newton Abbot minibus outings were fairly limited during the last year. We were worried about balancing wellbeing with increased covid transmission in enclosed spaces. Those organised included trips to Paignton, Dawlish Warren and a lovely Christmas meal at the Moorland Hotel, Haytor.

Once again, our volunteers facilitated Bank Holiday opening which was much needed to maintain continuity and reduce isolation for long stretches of time.

We would once again like to extend our thanks and admiration to our social volunteer group in Newton Abbot who have managed successfully to rebuild our activities following the Covid Lockdowns.

Thank you all

**David Clifford**  
**Assistant Manager**

**Table showing number of sessions and attendances April 1<sup>st</sup> 2021- March 31st  
2022 Newton Abbot Groups**

Activity	Sessions	Client/attendances	Unique Clients	Duration of activity	Volunteer attendances
Monday drop in	49	485	35	98 hours	304
Craft and Coffee	42	275	28	84 hours	194
Thursday Drop in	43	310	26	86 hours	250
Exercise	41	254	14	37 hours	0
Mini Bus Outings	11	111	25	60 hours	22
Time for You	12	69	14	25 hours	29
Memory Cafe	10	142	39	17.5 hours	29
HOPE (Avenue)	8	26	9	16 hours	0
Total	216	1888	190	423.5	828

### Wellbeing Report

Over the last year the Wellbeing Team has continued to make a positive impact to local people in need of support, providing help when the stresses of life have impacted their wellbeing.

Our support continued throughout. We provided shopping, prescription deliveries, befriending both in person and on the phone and signposting to relevant activities and organisations. This included running two HOPE Courses at The Avenue Church supporting clients who were affected by lockdown and needing the support of face-to-face communication and interaction they had so longed for and missed.

#### Quotes from our wellbeing clients

"Thank you for helping my mum get the support she so desperately needed; it has made such a difference to her life and I can't thank you enough."

"You have given me the support I need to have the confidence to change my life and make a difference"

"I didn't know where to start when trying to find help but now I don't feel on my own and I feel supported."

"You listened and that's what I needed. It might be simple but it changed how I felt and that is a BIG thing for me."

"You came along at the right time in my life and saved me!"

## **POW-WOW**

During Covid we launched in partnership with Connected Communities a new telephone befriending service called POW-WOW helping to connect others by talking about local interests to combat isolation and loneliness.

## **Wellbeing Posters and Leaflets**

Due to the impact of COVID and the lack of people visiting G.P. surgeries - it was harder to reach out to local people about our wellbeing service and the support we offered. At the beginning of the year, we decided to promote the wellbeing programme using posters and leaflets and have since distributed them in the local community.

## **Wellbeing Case Study**

**Wellbeing referral** - to help a client with social activities, home help, advice and source a washing machine and cooker. He'd recently had a stroke which had affected his memory and confidence and he was very untrusting of people.

Following a couple home visits, I arranged a LEAP referral to help him with his bills and cooker grant. The gentleman from LEAP conducted a home visit and was shocked and distressed at the condition of his very cluttered and unkempt home. My client told me he wanted me 'to see him as the person he was and not for the way he lives.' It came to light that he had been hoarding since the death of his Mother 5 years ago. He felt life had become unmanageable and he didn't know where to start. When I asked what was most important to him he said 'I want a fresh start.'

## **Intervention**

- Contacted G.P regarding his low mood and welfare
- Care Direct referral for a care assessment
- Contacted Teign Housing for housing maintenance
- LEAP referral - which helped with energy arrears and agreed to supply a cooker when the accommodation was deep cleaned

- Arranging a free home fire safety visit
- Liaised with SAFFA to secure two grants worth £1700 which paid for a three day deep clean of his home.
- Social worker involvement which resulted in a referral to Reaching for Independence.

## **Outcomes**

- Client is feeling happier about his home situation and being supported by his G.P.
- Client received a three day deep house clean - all paid.
- Teign Housing to supply a new kitchen and bathroom
- LEAP - changed energy suppliers and helped with arrears

**Conclusion** – The client feels much happier being at home and this has made a positive impact on his mental health and wellbeing. The changes implemented were the ‘fresh start’ he needed, opening up a lot of new positive opportunities for him. He now feels he can have people in his home and receive the support he so desperately needed. ‘Reaching for Independence’ are now working to enable him to learn techniques to ensure he can keep on top of his household chores and prevent his home becoming cluttered.

**Sharon Venning**  
**Wellbeing Lead**

## **Mental Health**

The pandemic has impacted us all in different ways and, as we try to return to a new ‘normal’, the need for effective mental health support appears more in demand than ever.

Maggie Cleverly and I continue to offer one-to-one time limited support to the community and we have, unsurprisingly, seen an increase in the number of referrals and have formed a small waiting list. Unfortunately, the NHS services are overwhelmed and waiting lists can be long. The positive aspect to this is that many of the people we work with have benefitted from our support and we feel confident that intervening early helps people to recover quickly without the need for additional services.

We are really happy to have been able to restart the Mental Health Carers Group face-to-face, and facilitated by Maggie who is a Carer herself and understands the challenges her group face. Carers of a loved one who struggles with poor mental health can find themselves feeling very isolated, particularly over the past 2 years, and this group is a valuable resource for them.

We have enjoyed collaborating with other fantastic organizations on projects over the past year. We were able to provide a 'HOPE' course for Women's Wellbeing, with the participants referred from Wellbeing in Action and the course held on their premises.

We have also co-facilitated Newton Abbots first 'Anxiety Café' with Recovery Devon. This is a 6-week group formed to support our local Social Prescribers who identified that anxiety was present in many of their patients. We use the time to explore and understand anxiety and share coping strategies. The main success from this group was the ongoing peer support and they continue to meet independently and have formed close friendships. Many have seen a big improvement in their overall anxiety and how it impacts their life. A huge thank you is due to the CVS for their input and for securing funding to enable these groups to run.



#DoltforDeaks continues to be a well utilized project with a steady number of self-referrals for our signposting sessions. We find most of the people we work with have been recommended by a friend so we know we're making a positive

difference in our community. We are incredibly grateful for ongoing community support to keep this project running. The Rotary Club of Newton Abbot have continued to fund free counselling sessions for The Dartmoor Centre of Counselling which has been an invaluable resource for us and we were very lucky to have been chosen by The Sandygate Inn as their charity of the year. The Sandygate did several fundraising events such as a Pug Party and a Bikers Night, but the icing on the cake was the fantastic music event held in August. All together they donated nearly £5,000 to #DoltforDeaks, amazing!

Another fun event we organized was a sea swimming taster session. Sea swimming is proven to have many health benefits, including improving mental health symptoms such as anxiety and low mood. This took place in February which is the coldest month in the sea! 28 people braved the elements and their feedback was really positive, with many joining 'Healthscape' to continue swimming on a regular basis.

As we are keen to always add to our skill set, I have now completed a course which will allow me to facilitate Connect 5 courses. This is a great course designed to help volunteers and professionals have more confident conversations around mental health, whilst also reflecting on their own wellbeing. I really enjoyed the training and look forward to offering this course locally over the next few months.

As always, it has been a really busy year for our small team, and we don't expect to slow down anytime soon!

**Briony Enright**  
**Mental Health Support Worker**

## **Dementia Service**

### **Dementia Activities**

It was another interesting year for the Dementia service as the Covid risks subsided and the restrictions on people meeting together came to an end.

One-to-one wellbeing interventions for people with dementia living in the community became possible again after a long hiatus. A recent example of work undertaken is that of a person recently diagnosed with dementia who has been supported in gaining confidence in using buses and developing new interests to support his mood and wellbeing.

During the first half of the year the Newton Abbot Memory Café was still unable to meet due to Covid restrictions but in July the Café started again after a break of 16 months. Initially the Café had reduced numbers attending to manage the Covid risk but by the end of the year the Café was in full swing again with attendance figures back to pre-pandemic levels.

Recent positive feedback about the Café came from the husband of a client who attends every month. He reported that his wife 'is a different woman' after attending the Café and that her mood lifts and she is more animated and interested in things.

Looking to the future there are plans to start another Memory Café within Newton Abbot as it is clear there is a keen demand for this kind of intervention and the opportunity it provides for peer support.

The Dementia Carer Support Group continued to be held virtually for the first half of the year due to Covid restrictions but this is now meeting face-to-face once again with the cared for person taking part in an Activity Group in a separate room. Numbers have picked up quickly post Covid with Carers reporting that it is great to be able to get face to face support once again after months of isolation during the various lockdowns.

Our walking group for people concerned about their memory or with a formal diagnosis of dementia finally started in May of this year. This group provides people with the opportunity to participate in an easy grade walk with a focus on the local history and nature encountered on the route together with the camaraderie of walking together. The group has been popular in the Spring and Summer months with a small group continuing to walk over the Winter months.

**David Garland**

**Dementia Activities Coordinator**

## **Dementia Carers' Support**

The number of referrals to KingsCare requesting support for dementia Carers has steadily increased throughout the year.

In contrast to previous years the referrals tend to be for Carers caring for a loved one with more moderate to late-stage dementia. This may be because people living with dementia have had delayed access to a diagnosis during the pandemic.

For the first five months of the year dementia Carers' meetings continued to be held virtually. This was well received, with some Carers finding it more convenient to attend virtually rather than travelling to a venue. In addition, these virtual meetings enabled those who had not previously been able to attend face-to-face meetings to access valuable peer support.

By September we were able to meet face-to-face and, to allow Carers to attend, an activity group was simultaneously offered for those they care for. Holding the groups in separate rooms enabled Carers to speak freely about any concerns they may have and to receive peer support.

In June the Newton Abbot Memory Café re-opened. My role is to support regular Carers who attend and to welcome new Carers, offering to visit them at home to provide support, information, and to signpost to other organisations. Visiting Carers in their home environment, sometimes with their cared-for joining the conversation, gives a good insight into any challenges and issues they may have and to discuss opportunities and solutions.

For three months over the summer, I also attended the Kerswella Memory Café, again to support Carers and arrange home visits.

In September a 'Music for Memories' session was arranged on a Saturday afternoon by the Teignbridge Dementia Action Alliance in St Paul's Church in the centre of Newton Abbot. Carers brought the person they care for and reported afterwards the difference it made to their loved one. Everyone went home with a smile on their face, humming their favourite tune.

Later in the Autumn I ran a HOPE course with one of our Wellbeing Co-ordinators. The attendees were all dementia Carers whose loved one had recently moved into residential care on a long-term basis. The course lasted six weeks and we received very positive feedback.

**Jackie Milan**

**Dementia Carers Support Worker**

## Transport

I started my journey (both literally and figuratively) with KingsCare on 1st August. To say the time has flown by would be an understatement. In August we were still, slowly, moving out of the various forms of lockdown. I believe the figures reflect this change of circumstances. In the first quarter of the year (April, May, June 2021) our total passenger journeys were 458. By the last quarter this figure had risen to 1216. These totals are included with others at the end of this report, with separate figures for delivery of prescriptions or shopping. I have moved all the vehicles except the taxi onto a new fleet insurance policy. This was sourced through a local broker, Binfield Insurance, based in Teignmouth. The premium was competitive, and they answer the phone if you need to speak to them!

Probably the biggest issue that needs addressing urgently concerns the amount of volunteer drivers and their availability. At the present time we have a pool of a dozen drivers. Unfortunately, at any one time at least half of these drivers are unavailable for various reasons. Other factors such as individuals unable to help wheelchair users or people with limited mobility means it can sometimes prove very difficult to fulfil requests.

### To conclude

Requests for transport have increased greatly over the last year. Looking ahead our priorities are twofold. Firstly, we need to consider a recruitment drive for new drivers. Secondly, we need to look at the contributions we receive. Whilst most people willingly give the amount suggested, if not more, there is a small minority who give less or sometimes nothing towards the cost of a trip. We currently have a list of suggested donations to various locations. In light of the rises in fuel costs etc I believe these figures need to be revisited. Maybe an option would be to ask for a minimum donation for any trip, however long or short?

TOTAL PASSENGER JOURNEYS – 2984

TOTAL MILEAGE – 15,647

TOTAL PRESCRIPTION JOURNEYS – 318

**Andy Gould**  
**Transport Coordinator**

## Hospital Discharge

Covid continued to have a significant impact on the way we delivered the Home from Hospital service. The wards were closed periodically due to patients and/or staff testing positive for Covid. We needed to rely on referrals from the discharge team to support patients once they were discharged home from hospital.

There were requests for befriending, shopping, furniture moving to accommodate hospital beds and equipment (eg: commodes and hoisting equipment), housing issues, Carer support, welfare benefits; referrals to organisations such as Splitz to support with domestic violence/abuse; referrals to local voluntary services and local statutory services, transport requests, food parcels.

We work well with other voluntary sector organisations, GP surgeries, Care Direct, Devon Carers, Torbay Carers, Citizens Advice.

We delivered Christmas hampers kindly donated by Newton Abbot Rugby Club to those in need. This surprise delivery was very gratefully received by our clients.

### A Typical Case Study and the issues raised

A 94 year old male patient, the Carer for his wife aged 84, was admitted to hospital following a stroke.

#### Intervention

- The gentleman was discharged from hospital with no follow up care as it was deemed he was recovering well. A family member called the KingsCare office as she was very concerned about the patient not having any follow up support. I suggested to the family to ring the ward and to let them know about the concerns of the discharge. The patient had looked well on discharge but, once home and needing to manage his personal care, medication etc he was soon exhausted and felt unwell. The Neuro team said they would visit. They visited and put some aids in place.
- In the meantime, while waiting for Neuro team to visit (they had called to cancel as someone was unwell), I visited with the family to assess. The patient showed me how he felt he had improved but had difficulty with balance and his dominant hand had been affected.
- We discussed the issues at hand eg neither he nor his wife was able to use the bath or shower. We discussed applying for a Disabled Facilities Grant and I agreed to make a referral to Care Direct Plus once the situation had settled. There were too many people involved in visiting them at that time for them to welcome anyone else
- We discussed the importance of a personal alarm as the patient liked to spend time in the garden and his wife has hearing difficulties. They agreed for me to arrange this and I visited with the engineer to support at the installation.
- We agreed that we needed for the wife to arrange for a hearing test.
- We discussed their ability to do the housework while recuperating and arranged for Assist Teignbridge to set up cleaning/ home help sessions. These started shortly after

and were designed not to take away their independence but enhance it until the patient was feeling stronger.

- I completed a welfare benefits check and found both fulfilled the criteria for Attendance Allowance. The forms were ordered from the Department of Works and Pensions and a KingsCare volunteer will arrange a visit to complete them. This will maximize their income to cover the cost of cleaning.
- I gave them a food delivery catalogue for days when he doesn't feel like cooking
- Finally I made a referral to Devon Carers for Carer support for the daughter in law who has now taken on the caring role for both.

## Outcomes

- The patient and family felt they were being supported and have a Package of Care for any queries.
- The personal alarm gives the patient and his family security that, should he have a fall, he could call for help and prevent a 'long lie'.
- The cleaning/home help services are in place which helps keep the home clean and also to monitor the situation.
- Carer's support alleviates some of the family stress.
- The patient and his wife are feeling more accepting of support. At first they were reticent as they felt it might take away their independence.
- Claiming benefits will give financial freedom to engage the cleaner, the gardener and the food delivery service.

## Carer Support

Each patient referred to us who is a Carer or is the Carer of a patient is given the opportunity to have support from KingsCare. They are told about the service KingsCare can provide for Carers and our general activities or Wellbeing Programme or HOPE or our mental health support, whichever is appropriate. Referrals are also made to Devon Carers.

I also facilitate our **Time For You** Carers Support Group each month held at the Avenue



Church. This is one of our 3 Carers Support Groups. We have a resident local solicitor who is on hand to talk about any legal issues, eg LPAs, wills, trusts, paying for care, Advance Care Planning etc. We also have other guest speakers to talk about a range of different subjects.

We had a lovely time at Christmas when our group of carers met for lunch at Fermoys Garden Centre who, very generously, gave carers a free drink.

Feedback from carers is that they feel listened to, they can share their stories without the fear of being judged and everyone's story is different. We have fun and laughter as well as discussing the serious 'stuff'. We learn from each other and from the guest speakers from different areas.

## Welfare Benefits Service

This continues to be an exceptionally busy service. We are very grateful to our wonderful volunteers who work so hard to deliver this service in the community. The range of benefits covered by the service include Universal Credit, Personal Independence Payments, Attendance Allowance, Carers Allowance, Pension Credit, housing costs, Council Tax reductions, healthcare costs, benefit mandatory reconsiderations and appeals.



*"I am so grateful for Rosemary completing a benefits check for me and my husband and supporting us to claim them. We can now live more comfortably as I was really worried about how I would manage should anything happen to my husband. Being awarded Attendance Allowance, Carers Premium and Pension Credit has taken us off the breadline."*

**Rosemary Newman**  
**Home from Hospital Coordinator**  
**Benefits Home Visiting Service & Carer Lead**

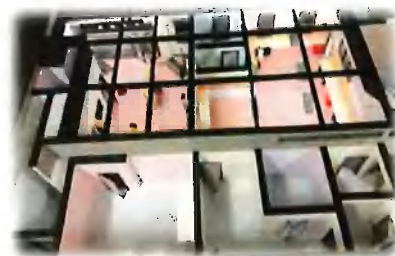
## The Sorting Office

Bubbling away in the background of KingsCare's future plans since the Spring of 2019 has been an exciting and far-reaching new project.

The Sorting Office is a bold vision to bring the benefits of practical activities such as woodwork, sewing and knitting, bicycle repair, pottery and furniture upcycling to the centre of Newton Abbot. Chief among those benefits is the opportunity it provides for local people who are at risk of isolation and loneliness to get chatting to others in a very easy, natural way while making or mending – or learning or passing-on a skill.

This is a model that has enjoyed great success over many years in the Men's Sheds movement; it also connects directly with the growing need and desire to re-use and repair rather than discard and repurchase. Having these facilities at hand will also give us the opportunity to run Repair Cafés and a Library of Things, where people can short-term borrow at minimal cost a whole variety of items from garden tools to camping equipment to a bread maker or a power screwdriver.

The facilities will also be made available for use by other local groups and organisations to work with their own clients. Already discussions have been held with several groups which exist to support a range of community needs and we have



*A scale model of the planned interior*

prepared a presentation to give information to interested parties – <https://tinyurl.com/bdh49j23>.

A team of KingsCare Trustees and staff, with a parallel group of potential users of the facility from the community, has been working on the huge amount of planning and negotiation needed to breathe new life into the former Post Office building in Market Walk. The intention is to create a Community Shed and Craft Studio, plus a retail space where items made and upcycled in those workshops can be sold to contribute to the running costs and provide the project with a literal and very visible shop window.

In addition, the building has the potential to offer space for confidential conversations and counselling and to be a town-centre base for some KingsCare workers, giving those projects greater presence and relieving some of the pressure on office space at Kingsteignton Medical Practice.

In August we were incredibly fortunate to have a 5-minute video made at no cost by James Reed, a Bristol-based professional videographer and producer who just happens to be Maggie's son-in-law! James gave unstintingly of his expertise, creativity and charm to produce a wonderful result – which can be viewed at <https://tinyurl.com/86b67ucr>. The purpose of this video is to inform and inspire potential funders and sponsors as well as those who would like to benefit from using the facility.

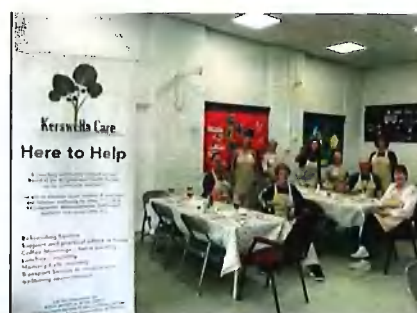
Big thanks are also due to Sally Stephens who designed our eye-catching and witty graphic identity, and to all the team members who have doggedly stuck with the project during the very protracted negotiations for a lease on the Post Office building. We're not there yet, but we have our sights determinedly set on victory!

**Peter Stevens**  
Trustee

## Kerswella Care

### 1. The organisation:

Kerswella Care is a voluntary patient support group based at the Kingskerswell Health Centre since 2017 and responsible to it for providing a range of well-being and support services to socially isolated, vulnerable and elderly residents. The group covers the Kingskerswell, Abbotskerswell, Ipplepen & Coffinswell communities through the Kingskerswell & Ipplepen Medical Practice in the Teignbridge area of South Devon.



Kerswella activities and projects continue to be managed through a local Co-ordinator, Gill Gould, and her assistant, Sally Collier, with both ably supported by a group of volunteers in a committee and a link Trustee to KingsCare. The Co-ordinator and her assistant work alongside existing groups to develop relationships with local communities.

Because of the impact on charities of the Covid pandemic, the Lottery decided that the Building Communities Fund (BCF) grant through KingsCare League of Friends would be extended to 30th June 2021. However, since then KingsCare has continued to be responsible for meeting Kerswella staff costs and insurances for the range of policies and procedures governing Kerswella's work supplemented by local arrangements. The use of reallocated funding precluded any costs falling to Kerswella until the year end.

Local fundraising is therefore of continuing importance as plans are developed to ensure that Kerswella can remain a going concern without the major input of grant funding, at least for the time being. At the end of the year plans were being drawn up to register Kerswella as an independent charity incorporated organisation (CIO) in its own right although maintaining a partnership with KingsCare and collaborating to ensure best value for both organisations.

## 2. Kerswella Care aims:

These are important and have remained so throughout the pandemic:

- To improve the quality of life of those in need by providing services that include home support, befriending, Carer support, shopping, transport to medical/social activities and prescription delivery
- To increase the accessibility to local activities that will enhance residents' well-being, social inclusion and social connections. **A significant aim is to reduce loneliness within a population that includes 30% who are over 60 with 35% of those living alone**
- To help identify unmet needs within the communities and provide support to deliver change

## 3. How these aims are achieved:

Kerswella has access to and has set up a wide range of support services and activities, all aimed at improving the quality of life of those in need within our community. To this end, Kerswella works hard at encouraging people in need to take stock of their lives and

introduce them to the appropriate social connections to prevent or reduce feelings of loneliness. We work across local agencies and volunteer groups to access expertise and help as needed; Kerswella Care is also able to access the services and work alongside the Newton Abbot Locality Wellbeing Co-ordinators who are employed in that area by KingsCare.

#### 4. Activities and projects:

For the first quarter of the year, Kerswella's activities and projects were focussed on alleviating the effects of the Covid pandemic on our most vulnerable residents through the Kingskerswell Coronavirus Crisis Response team. We continued with many of our support services – shopping, prescription collection and help with a wide range of miscellaneous tasks as they arose. Throughout, we also maintained important contact with our Memory Café and Lunch Club groups by means of 'check-in & chat', and the fortnightly residents' 'packs'.

During the second quarter we were able to plan for the restart of our main activities. Three new ones were added:

- support for the Memory Café in Ipplepen who asked for restart help in a new centre whilst the main community hub in the village underwent important refurbishment. KingsCare has provided professional support and Kerswella secured a Lottery grant to ensure that the restart got off to a good start in the Autumn. This was supplemented by a Devon CC grant to help cover costs until the end of the year.
- The Kingskerswell 'Sharing Care' Group asked Kerswella to take over their coffee mornings and these now take place twice a month and continue to be popular. New volunteers have come forward to help and we have a cake baker!
- Using volunteers, we run the café in the Kingskerswell playing fields pavilion one day a week. This has become established as an important and popular local meeting place.



Associated with the Memory Cafe restarts we received grants from Kingskerswell Parish Council, Ipplepen Parish Council and Devon CC for 3 months hire costs for a Motion Activated Interactive system designed by OMi. At the year end it had been used in various locations and will be evaluated in 2022 and a decision made about its future use.



Our Lunch Club continues to be popular and since the restart has attracted a number of new residents. Some of the restart funding was earmarked for a special lunch at Christmas with entertainment provided by a local ukulele duo. Also at Christmas, Kingskerswell Parish Church nominated Kerswella as the recipient of their annual 'Tree of Hope' fundraiser with funds to be used in 2022 to support trips and visits.

Kerswella continues to be heavily involved in providing patient transport for medical appointments to the local surgeries in both Kingskerswell and Ipplepen, to local hospitals in Torquay and Newton Abbot and further afield. We were also able to provide for residents needing to attend local vaccine centres or surgeries to receive their 3rd Covid jab.

At the end of the year the 'Sorting Office' project involving the adaptation of the former Post Office building in the Market Square in Newton Abbot was still at the development stage. Whilst KingsCare are taking the lead in its overall progress, Kerswella has been successful through the Co-op Community Fund in securing some funding to provide resources when work finally gets underway expected in 2022/23.

We keep a track of residents that we have supported and ensure that Kerswella is available to assist those with whom we had no previous relationship. Charity Log is increasingly helping us with record-keeping to facilitate this. We continue to keep in touch with our wider community through social media (particularly after our activities) and regular newsletters.

All these activities and projects have informed our learning as a group and helped us to consider new ways of reaching and supporting residents, often drawing on the similar experiences of other local voluntary groups. This is now important as Kerswella moves forward with its development through CIO status.

## 5. Governance:

- **Trustees** - Kingsley Matthews has continued in his role as the Link Trustee between Kerswella Care and its Committee and KingsCare. The KingsCare Trustees generally meet monthly and it is the role of the Link Trustee to report on activities undertaken by Kerswella and seek approval to those where KingsCare has the responsibility, particularly in respect of services and activities funded from the BCF Lottery grant. This also includes budget setting and monitoring.

- **Committee** - The Kerswella Committee oversees local operations including fundraising. There are 10 members including the following officers: Chair – Rachel Fleet, Treasurer – Gillian Wright, Secretary – Kingsley Matthews. All were reappointed in November. During the year the Committee met remotely once and five times in person.
- **Annual Accounts 2021/22** – these were approved by the Kerswella Committee at their meeting on 17<sup>th</sup> May 2022 and are attached. The statement was noted by the KingsCare Trustees at their meeting on 12<sup>th</sup> May 2022 and, as in previous years, will be included in their Annual Report and statutory returns.

The statements about grant income make reference to the exclusion of the BCF Lottery funding paid to KingsCare as this forms part of KingsCare's accounts.

## **6. Where we go next:**

With Kerswella well-established in the community, we need to meet the challenge of our growth as well as respond to the community's needs in the post-pandemic world. It is anticipated that the Sorting Office project will provide a way of addressing these issues and attract funding and Lottery support. Although Kerswella has grown out of Kingskerswell, we are becoming established amongst Ipplepen residents. The local GP practice covers Kingskerswell and Ipplepen so we must aim to equalise Kerswella support across the two communities. With increasing pressures on statutory services, Kerswella will be needed more than ever to support vulnerable and isolated people and their Carers/families. It is Kerswella's business to make a difference to these groups and help them fulfil their potential, with the key objective of supporting those in a caring role to maintain their individuality.

**Kingsley Matthews**  
**Kerswella Link Trustee**

# KingsCare League of Friends Annual Report 2022

## Kerswellia Care Balance Sheet - year ending 31/03/22

<b>1 Assets:</b>	
a - Debtors	£0.00
b - Prepaid expenses	£0.00
c - Bank	£51,407.57
d - Cash in hand	£33.42
<b>Total</b>	<b>£51,440.99</b>
<b>2 Liabilities:</b>	
a - Creditors & accruals	£0.00
b - Deferred income	£0.00
<b>Total</b>	<b>£0.00</b>
<b>3 Net assets</b>	<b>£51,440.99</b>
<b>4 Represented by:</b>	
a - Reserves b/f	£35,058.68
b - In year reserves	£16,382.31
<b>Reserves to c/f</b>	<b>£51,440.99</b>
<b>5 Reserves allocated for:</b>	
a - Activities/projects (Restricted Funds)	£23,786.00
b - General use (Unrestricted Funds)	£27,654.99
<b>Total</b>	<b>£51,440.99</b>

## Kerswellia Care Income & Expenditure - year ending 31/03/22

<b>1 Income:</b>	
a - Grants	£14,916.87
b - Donations	£10,199.14
c - Activities	£12,694.66
d - Investments	£0.00
e - Other	£0.00
<b>Total</b>	<b>£37,810.77</b>
<b>2 Expenditure:</b>	
a - Vehicle & transport costs	£882.70
b - Training & personnel costs	£2,502.82
c - Venue costs	£581.50
d - Catering & refreshment costs	£2,727.71
e - Advertising & publicity	£100.00
f - Supplies & materials for activities	£13,240.59
g - General equipment & resources	£1,593.14
<b>Total</b>	<b>£21,428.46</b>
<b>Surplus of income</b>	<b>£16,382.31</b>
<b>3 BCF:</b>	
a - Reimbursements	£1,954.79
b - Locally incurred expenses	£1,954.79
<b>Reimbursement due at year end</b>	<b>£0.00</b>

## Kerswellia Care Activities & projects - year ending 31/03/22

<b>1 Memory Café:</b>	
a - Income	£219.50
b - Expenditure	£83.16
<b>Net</b>	<b>£136.34</b>
<b>2 Transport &amp; tips:</b>	
a - Income	£2,720.14
b - Expenditure	£882.70
<b>Net</b>	<b>£2,037.44</b>
<b>3 Lunch Club:</b>	
a - Income	£1,702.59
b - Expenditure	£1,775.00
<b>Net</b>	<b>£-72.41</b>
<b>4 Coffee mornings:</b>	
a - Income	£2,148.93
b - Expenditure	£760.16
<b>Net</b>	<b>£1,388.77</b>
<b>5 Other Activities &amp; projects:</b>	
a - Income	£31,019.61
b - Expenditure	£16,434.30
<b>Net</b>	<b>£14,585.31</b>
<b>6 Local Operations:</b>	
a - Income	£0.00
b - Expenditure	£1,693.14
<b>Net</b>	<b>£-1,693.14</b>
<b>Surplus of income</b>	<b>£16,382.31</b>

These accounts are prepared on a cash basis and reconciled to the bank account

### General notes:

- (i) As in 2020/21, the year was dominated by the Covid pandemic and Kerswellia's local response. It was possible to resume our activities & projects from July 2021. This started with our Memory Café with a reduced attendance. A Lottery grant & funding from Devon County Council enabled us to provide new resources and staff support from KingsCare League of Friends to enable both the Kingskerswell & Lpplepen Memory Cafés to restart successfully. Kerswellia took on the twice monthly coffee mornings from the Kingskerswell 'Sharing Care' group. Their bank account closing balance was kindly donated for our general operating costs. Lunch Club attendance has gradually increased since July. Transport demand was steady right across the year as Kerswellia responded to requests to attend various local centres for Covid booster jabs as well as for health centre & hospital etc appointments. There has been an increase in transport requests from the Lpplepen area. In February 2022 a three-month trial began of an ICT sensory system primarily for use by residents attending Memory Cafés but with a wider use potentially within local care & residential homes. The trial is being funded from local grants including Kingskerswell & Lpplepen Parish Councils and the Lottery.
- (ii) Grant balances for Covid-related & other projects were brought forward from 2020/21. These were complemented by new grants awarded during 2021/22 that are included in Income/expenditure line 1a) with activities costs in line 5a). At the year end some were unspent & are therefore available for use in 2022/23. This included grants received for befriending work and trips/sales planned in 2022/23 and funding to support the 'Sorting Office' project in Newton Abbot in partnership with KingsCare.
- (iii) Donations continued to be strong throughout 2021/22. Activities line 2a) for transport & activities line 5a) includes donations from local supporters, organisations and other general donations. Activity income was enhanced in 2021/22 through our Tuesday slot at the pavilion café run by the sports club in Kingskerswell playing fields with the proceeds shared. A £752 donation from Lpplepen 'Sharing Care' was spent on their health centre.
- (iv) Minor expenses for Kerswellia's operations are shown in Income/expenditure lines 2e) & 2g) & matched in activities line 6b). Main operating costs were met from the Lottery's 'Building Communities Fund' (BCF) until 30th June 2021. Supported by KingsCare involving the reallocation of grants & income received & held on behalf of Kerswellia, this was extended until February 2022. All funding has now been fully committed.

### Income & expenditure notes:

- 1a These comprise: - Teignbridge District Council (£3,000), National Lottery (£2,500), Arnold Clark Community Fund (£500), Devon Memory Cafés (£140), Teignbridge CVS (£746), Co-op Community Fund (£2,68), Kingskerswell Parish Council (£750), Lpplepen Parish Council (£750), Devon CC Locality Fund (£2,500), Teignbridge Councilors Community Fund (£1,000) and the 'Tree of Hope' fundraising from Kingskerswell Parish Church (£350). At the year end £3,000 was receivable from Devon County Council. Most grants were awarded to alleviate the effects of Covid and to help with community rebuilding & activity restarts.
- 1b This includes Kingskerswell Sharing Care (£3,964), transport (£2,720), local supporters (£2,514) & receipts from all other sources (£1,001).
- 1c This includes all repayments from residents for shopping etc (£6,941), proceeds from general activities including the pavilion café (£1,682) and activity headings 1a), 3a) and 4a) (totalling £4,071).
- 2b These are staff costs recharged to Kerswellia following the use of BCF & reallocated grants etc in February & March 2022.
- 2d This total is for catering provision & refreshment costs for the Memory Café, Lunch Club & coffee mornings including activity restarts.
- 2f This comprises all Covid-related costs - shopping (£6,937), other activity restart costs (£5,907) including the rental cost of the ICT sensory equipment & main activities (£397).

### Activities & projects notes:

The balances in sections 1 to 6 are additions or deductions to the general use reserve. Where grants for specific activities/projects have been received but not spent or wholly spent in 2021/22, these have been designated as restricted reserves and earmarked for use in 2022/23.

### Balance sheet notes:

<b>5a Activities &amp; projects:</b>	<b>Amount</b>
Pre-Covid community grants	£8,245.00
Covid-related grants	£7,070.00
Other community support grants	£8,471.00
Activities & projects (Restricted Funds)	£23,786.00

### 5b General use (Unrestricted Funds): £27,654.99

In the year it was considered prudent to designate funding to cover a minimum of 6 months operating costs (£14,074) & make this subject to annual review. Reserves may also be designated for any anticipated liabilities (£1,300 provision for insurances not invoiced in 2021/22). After this has been deducted the balance is held as free reserves (£12,281 as at 31/03/22). Going forward, the operating cost contingency should be reduced to £12,000 because some liabilities will be covered via activities & projects - notably for vehicle costs.

12/05/22

Report produced by:

KingsCare League of Friends  
Kingsteignton Medical Practice  
Whiteway Road  
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NEWTON ABBOT  
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Registered CIO number 1174450

Patron: The Rt Hon Viscount Exmouth



# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

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#### 1 Accounting policies

(Continued)

##### Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### 1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### 1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

#### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

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### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Liabilities are recognised as expenditure as soon as:

- there is a legal or constructive obligation committing the charity to that expenditure,
- it is probable that settlement will be required, and
- the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis.

All expenses, including support costs and governance costs are allocated or apportioned to the applicable expenditure headings.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% Straight Line
Motor vehicles	10% Straight Line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

#### 1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2022

---

#### 1 Accounting policies

##### Charity information

Kingscare League of Friends is a charitable incorporated organisation, set up by an Order of the Charity Commissioners on 10 July 2017 and is a registered charity with the number 1174450 (England and Wales).

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the Charities Act 2011 and the Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. Kingscare League of Friends meets the definition of a public benefit entity under FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business.

# KINGSCARE LEAGUE OF FRIENDS

## BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
<b>Fixed assets</b>					
Tangible assets	14		16,573		21,854
Investments	15		33,540		32,478
			<u>50,113</u>		<u>54,332</u>
<b>Current assets</b>					
Debtors	16	3,934		3,236	
Cash at bank and in hand		382,837		400,905	
		<u>386,771</u>		<u>404,141</u>	
<b>Creditors: amounts falling due within one year</b>	17	(12,208)		(12,211)	
Net current assets			374,563		391,930
<b>Total assets less current liabilities</b>			<u>424,676</u>		<u>446,262</u>
<b>Income funds</b>					
Restricted funds	19		13,007		56,113
<u>Unrestricted funds</u>					
Designated funds	20	335,741		348,001	
General unrestricted funds		75,928		42,148	
			<u>411,669</u>		<u>390,149</u>
			<u>424,676</u>		<u>446,262</u>

The financial statements were approved by the Trustees on 8/9/2022

  
 .....  
 Mr P Millichap  
 Trustee

# KINGSCARE LEAGUE OF FRIENDS

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
<b>Income and endowments from:</b>							
Donations and legacies	3	109,429	91,129	200,558	131,006	276,614	407,620
Charitable activities	4	41,522	6,948	48,470	46,909	9,609	56,518
Other trading activities	5	20,292	-	20,292	17,916	-	17,916
Investments	6	1,540	-	1,540	176	-	176
Other income	7	3,411	-	3,411	83	-	83
<b>Total income</b>		<b>176,194</b>	<b>98,077</b>	<b>274,271</b>	<b>196,090</b>	<b>286,223</b>	<b>482,313</b>
<b>Expenditure on:</b>							
Charitable activities	8	146,701	141,183	287,884	51,099	272,436	323,535
Other	12	9,022	-	9,022	6,881	-	6,881
<b>Total expenditure</b>		<b>155,723</b>	<b>141,183</b>	<b>296,906</b>	<b>57,980</b>	<b>272,436</b>	<b>330,416</b>
Net gains/(losses) on investments	13	1,049	-	1,049	4,714	-	4,714
<b>Net movement in funds</b>		<b>21,520</b>	<b>(43,106)</b>	<b>(21,586)</b>	<b>142,824</b>	<b>13,787</b>	<b>156,611</b>
Fund balances at 1 April 2021		390,149	56,113	446,262	247,325	42,326	289,651
<b>Fund balances at 31 March 2022</b>		<b>411,669</b>	<b>13,007</b>	<b>424,676</b>	<b>390,149</b>	<b>56,113</b>	<b>446,262</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# KINGSCARE LEAGUE OF FRIENDS

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF KINGSCARE LEAGUE OF FRIENDS

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I report on the financial statements of the charity for the year ended 31 March 2022, which are set out on pages 4 to 18.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination being a qualified member of .

It is my responsibility to:

- (i) examine the financial statements under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the next statement.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

· In connection with my examination, no other matter except that referred to in the previous paragraph has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
  - (i) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (ii) to prepare financial statements which accord with the accounting records and comply with the accounting requirements of the 2011 Act;have not been met or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Mrs L Sansum FCA CTA  
Darnells Chartered Accountants  
Quay House  
Quay Road  
Newton Abbot  
Devon  
TQ12 2BU

Dated: .....

# KINGSCARE LEAGUE OF FRIENDS

## TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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The trustees who served during the year and up to the date of signature of the financial statements were:

Mr G P Wickham

Mr D Rollason

Dr M C Clarvis

Mr N Biggs

Mr K Dainton

Mr R Holliday

Mr K Smith

Dr W Farrah

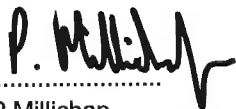
Mr K Matthews

Mr P Millichap

Mr P Stevens

The Board of trustees regularly discusses the recruitment of new trustees for their experience, empathy and knowledge of the Trustees, and to keep the skills and composition of the trustees body as a whole and succession planning under review. New trustees may be sought by open advertisement or through dialogues with other institutions with similar objects.

The trustees report was approved by the Board of Trustees.



.....  
Mr P Millichap

**Trustee**

Date: 16/9/2022 .....

# **KINGSCARE LEAGUE OF FRIENDS**

## **TRUSTEES REPORT**

### **FOR THE YEAR ENDED 31 MARCH 2022**

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The trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019).

#### **Objectives and activities**

The charity's objects are to promote any charitable purpose for the benefit of persons registered at Kingsteignton Medical Practice and, in addition, to provide support for those in need within the wider community. This includes the protection and preservation of health, the relief of those in need, sickness and distress and the provision of medical equipment and other services not normally provided by the national health or other statutory authorities.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

The achievements of the charity are outlined in the Chairman's report attached to these accounts.

#### **Financial review**

Income has decreased this year, totalling £274,271 compared with £482,313 for the 12 months to 31 March 2021.

Expenditure has seen a decrease this year, totalling £296,906 compared with £330,416 for the 12 months to 31 March 2021.

The total value of the charity's funds has decreased from £446,262 at 1 April 2021 to £424,677 at 31 March 2022.

The trustees consider the charity's overall financial position to be satisfactory.

#### **Reserves policy**

During the year the Trustees have reviewed the reserves policy of the charity and have concluded designated funds should retain sufficient funds to fulfil the running cost requirements of the charity for a period of no less than six months. The Trustees consider that reserves held at this level will ensure that, in the event of a significant drop in funding, they will still be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

The designated funds available at the 31 March 2022 of £335,741 are the equivalent of approximately twelve months worth of unrestricted expenditure.

#### **Investment Policy**

There are no restrictions on the charity's powers to invest, and the Trustees have not adopted an ethical investment policy. An Investment Committee is appointed annually to manage the authorised investments. The overall investment policy is to invest in a low to medium risk portfolio which will maximise income whilst protecting capital. Meetings are held as and when required to review the performance of the portfolio.

#### **Risk Management**

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Structure, governance and management**

The charity is a charitable incorporated organisation and was registered with the Charities Commission on 10 July 2017 under the charity registration number 1174450 (England and Wales).

# KINGSCARE LEAGUE OF FRIENDS

## ACCOUNTS CONTENTS

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Charity registration number 1174450

**KINGSCARE LEAGUE OF FRIENDS**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022 £	2022 £	2022 £	2021 £	2021 £	2021 £
Donations and gifts	14,070	-	14,070	42,728	-	42,728
Legacies receivable	94,890	-	94,890	87,228	-	87,228
Grants receivable	-	91,129	91,129	-	276,614	276,614
Membership fees	469	-	469	1,050	-	1,050
	<u>109,429</u>	<u>91,129</u>	<u>200,558</u>	<u>131,006</u>	<u>276,614</u>	<u>407,620</u>
<b>Grants receivable for core activities</b>						
Big Lottery Grant	-	-	-	-	91,439	91,439
Other Grants	-	91,129	91,129	-	158,175	158,175
Kerswella Grant	-	-	-	-	27,000	27,000
	<u>-</u>	<u>91,129</u>	<u>91,129</u>	<u>-</u>	<u>276,614</u>	<u>276,614</u>

# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 4 Charitable activities

	Minibus Patients transport		Catering Exercise		Projects		Newton Dementia Abbot Support Groups		Social Benefits Reading Advice		Do It for Hampers Deaks		Total 2022	Total 2021
	£	£	£	£	£	£	£	£	£	£	£	£	£	£
Sales within charitable activities	450	4,200	8,473	1,958	34,972	529	4,500	-	300	436	700	48,470	56,518	
Analysis by fund														
Unrestricted funds	450	4,200	-	1,958	34,972	529	4,500	-	300	-	-	41,522		
Restricted funds	-	-	8,473	-	-	-	-	-	-	436	700	6,948		
	450	4,200	8,473	1,958	34,972	529	4,500	-	300	436	700	48,470		
For the year ended 31 March 2021														
Unrestricted funds	7,534	14,246	4,104	10,950	13,758	3,663	-	628	5,521	-	-	46,909		
Restricted funds	-	-	-	-	-	-	450	-	-	9,795	-	9,609		
	7,534	14,246	4,104	10,950	13,758	3,663	450	628	5,521	9,795	-	56,518		

# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 5 Other trading activities

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
Fundraising events	6,700	5,978
The Hub Shop income	13,592	11,938
Other trading activities	<u>20,292</u>	<u>17,916</u>

### 6 Investments

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
Interest receivable	<u>1,540</u>	<u>176</u>

### 7 Other income

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
Other income	<u>3,411</u>	<u>83</u>

# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 8 Charitable activities

	2022 £	2021 £
Staff costs	197,436	214,642
Depreciation and impairment	5,281	6,131
Minibus and mobility vehicle	7,288	1,690
Patients transport	4,552	6,539
Exercise	14,552	12,090
Establishment costs	19,326	53,554
Donations	17,707	-
Sorting Office Project	562	1,494
Projects	761	282
Newton Abbot groups	254	44
Accountancy fees	-	880
Legal and professional fees	1,536	840
Training	300	-
Bank Charges	734	795
Fundraising events	29	34
Other charitable expenditure	17,566	24,520
	<u>287,884</u>	<u>323,535</u>
	<u>287,884</u>	<u>323,535</u>
<b>Analysis by fund</b>		
Unrestricted funds	146,701	
Restricted funds	141,183	
	<u>287,884</u>	
<b>For the year ended 31 March 2021</b>		
Unrestricted funds		51,099
Restricted funds		272,436
		<u>323,535</u>

# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 9 Support costs

	Governance costs £	2022 £	Governance costs £	2021 £
Accountancy	-	-	880	880
Legal and professional	1,536	1,536	840	840
	<u>1,536</u>	<u>1,536</u>	<u>1,720</u>	<u>1,720</u>
Analysed between				
Charitable activities	1,536	1,536	1,720	1,720
	<u>1,536</u>	<u>1,536</u>	<u>1,720</u>	<u>1,720</u>

Accountancy consists of payments to the independent examiner of £880 (2020: £880).

### 10 Trustees

During the year Trustees received reimbursement of charity expenses incurred personally to the sum of £Nil (2021: £1,857).

During the year the trustees donated funds without conditions totalling £Nil (2021: £858) and paid memberships totalling £Nil (2021: £Nil).

# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 11 Employees

#### Number of employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Manager	1	1
Deputy manager	1	1
Transport co-ordinator	2	2
Mental health support worker	2	2
Hospital discharge and carer support worker	1	1
Health and well being co-ordinators	3	3
Kerswella manager	1	2
Dementia support workers	2	2
	<u>13</u>	<u>14</u>

#### Employment costs

	2022 £	2021 £
Wages and salaries	188,253	204,465
Other pension costs	9,183	10,177
	<u>197,436</u>	<u>214,642</u>

There were no employees who received total employee benefits (excluding employer pension costs) of more than £60,000.

There were no employees whose annual remuneration was £60,000 or more.

### 12 Other

	2022 £	2021 £
The Hub Shop expenses	9,022	6,881
	<u>9,022</u>	<u>6,881</u>

# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 13 Net gains/(losses) on investments

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Revaluation of investments	1,049	4,714

### 14 Tangible fixed assets

	Fixtures and fittings	Motor vehicles	Total
	£	£	£
<b>Cost</b>			
At 1 April 2021	7,415	100,302	107,717
At 31 March 2022	7,415	100,302	107,717
<b>Depreciation and impairment</b>			
At 1 April 2021	7,415	78,448	85,863
Depreciation charged in the year	-	5,281	5,281
At 31 March 2022	7,415	83,729	91,144
<b>Carrying amount</b>			
At 31 March 2022	-	16,573	16,573
At 31 March 2021	-	21,854	21,854

### 15 Fixed asset investments

	2022
	£
<b>Cost or valuation</b>	
At 1 April 2021	32,478
Valuation changes	1,062
At 31 March 2022	33,540
<b>Carrying amount</b>	
At 31 March 2022	33,540
At 31 March 2021	32,478

# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 16 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Prepayments and accrued income	3,934	3,236

### 17 Creditors: amounts falling due within one year

	Notes	2022 £	2021 £
Other taxation and social security		2,907	2,739
Deferred income	18	5,713	5,770
Other creditors		702	1,200
Accruals		2,886	2,502
		12,208	12,211

### 18 Deferred income

	2022 £	2021 £
Other deferred income	5,713	5,770
Current liabilities	5,713	5,770
	5,713	5,770

### 19 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2021 £	Movement in funds		Balance at 31 March 2022 £
		Incoming resources £	Resources expended £	
Mini Bus	12,344	-	(3,614)	8,730
Mini Bus 2	4,877	-	(600)	4,277
Kerswella Care - Building Connections Fund	10,650	-	(10,650)	-
CVS Projects	-	85,329	(85,329)	-
Mental Health - CAF	-	430	(430)	-
Home Help Support	18,011	2,676	(20,687)	-
Do It for Deaks	10,231	4,926	(15,157)	-
Cookery Book	-	2,000	(2,000)	-
	56,113	95,361	(138,467)	13,007

# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 20 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds			Movement in funds			
	Balance at 1 April 2020	Incoming resources	Revaluations, gains and losses	Balance at 1 April 2021	Incoming resources	Resources expended	Balance at 31 March 2022
	£	£	£	£	£	£	£
Wheelchair Vehicle	2,218	-	-	2,218	-	(2,218)	-
6 month expenditure reserve	70,000	83,247	-	153,247	(11,046)	-	142,201
Vehicle replacement reserve	70,000	-	-	70,000	-	-	70,000
Vehicle repair reserve	5,000	-	-	5,000	-	-	5,000
Equipment replacement reserve	5,000	-	-	5,000	-	-	5,000
Covid-19 Contingency	10,000	-	-	10,000	-	-	10,000
Projects	30,000	70,000	-	100,000	-	-	100,000
CAF Portfolio reserve	(2,178)	-	4,714	2,536	1,004	-	3,540
	<u>190,040</u>	<u>153,247</u>	<u>4,714</u>	<u>348,001</u>	<u>(10,042)</u>	<u>(2,218)</u>	<u>335,741</u>

#### 21 Analysis of net assets between funds

	Unrestricted 2022 £	Restricted 2022 £	Total 2022 £	Unrestricted 2021 £	Restricted 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible assets	8,864	7,709	16,573	12,146	9,708	21,854
Investments	33,540	-	33,540	32,478	-	32,478
Current assets/(liabilities)	374,563	-	374,563	345,525	46,405	391,930
	<u>416,967</u>	<u>7,709</u>	<u>424,676</u>	<u>390,149</u>	<u>56,113</u>	<u>446,262</u>

# KINGSCARE LEAGUE OF FRIENDS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

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### 22 Related party transactions

#### Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2022 £	2021 £
Total Remuneration	67,465	66,470