

KINGSCARE 'TIME FOR YOU' CARERS

ADVICE & PAMPER SESSION

THURSDAY 21ST NOVEMBER 2019 10AM – 1PM

(UPSTAIRS ROOM)

THE AVENUE CHURCH, NEWTON ABBOT. TQ12 2BY

CARERS RIGHTS DAY – Come along to this information event with mini pampering sessions

We will be on hand to:

- ensure you are aware of your rights
- know where to get help and support
- raise awareness of the needs of carers.

- Welfare Benefits Advice
- Caring for you advice
- HOPE Programme information
- Wellbeing Programme information
- Mini pamper session **£5 per treatment** (Therapists are giving up their time for free)
- Food sampling
- Mental Wellness
- Devon Carers
- Handpan music & workshops
- WBW Legal advice

Please contact Rosemary or Jackie at Kingscare

01626 357090

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