

# KingsCare League of Friends

Newsletter - Summer 2019

## New Chair

We have said goodbye and many thanks to Dr Mark Clarvis after 10 years as Chair of KingsCare during which time he oversaw a huge growth in the charity.

The new Chair is Phil Millichap, our first



non-NHS chair. He comes with masses of energy and is keen to engage the trustees, staff, volunteers and clients in ensuring that we have a golden future.

## Funding Special

KingsCare, like so many charities and community groups, survives through a complex mixture of funding streams and many hours given free by our wonderful volunteers.

One of our major funding streams is a Reaching Communities Grant from the National Lottery. In October we will be entering the final year of this grant and have to start the daunting task of looking for replacement funding.

However.....this year there are a whole collection of lovely people who have been, are and will be raising funds to support various parts of our work.

- ✿ The lovely ladies who attend the 2012 group held a Cream Tea in May and raised £180 for us
- ✿ The lovely people who attend the activities that we hold in the Avenue Church donated sufficient funding to secure the purchase of a defibrillator on the outside wall after the proceeds from the annual panto were found to be £250 short of the total needed
- ✿ Abbrook Bowls Club have chosen us as their charity of the year
- ✿ Kingsteignton Town Council have donated £800 to support our summer swimming sessions
- ✿ Councillor Beryl Austen has given us £250 to support our monthly dementia support group from her councillor's fund
- ✿ A kind donor and Teignbridge CVS are supporting a new social reading group in September for people suffering from memory problems and their carers

..... continued overleaf

- ✿ Kingsteignton Town Council split the funds available from the Communities Together Fund between us and the CAB to jointly improve access to benefits support
- ✿ June 16<sup>th</sup> saw us at Coombeshead Academy enjoying a wonderful concert performed by Torbay Symphony Orchestra raising £370 for KingsCare
- ✿ Dave Pinkham is celebrating his 70 years by walking 70 miles of the South West Coast Path in stretches between May and November. You can find his blog and sponsor him by logging on to <https://uk.virginmoneygiving.com/DavidPinkham>. Alternatively you can find us rattling a collecting tin at Morrisons, Teignmouth on 16<sup>th</sup> August or sponsor him at the Hub, 29 Fore Street, the surgery and other locations locally
- ✿ Our major project this year is .....



It began following the tragic loss of Kyle Deakin last year and aims to:

- Raise awareness and reduce the stigma around mental ill health and suicide.
- Find ways to 'fill the gap' in support services.
- Enable those struggling with their mental health to find the right support when they need it.

Kyle's family and friends have already supported the project with events such as charity football matches and are planning to join Briony, our mental health support worker, on a sponsored skydive on 29<sup>th</sup> September. Another friend is climbing Ben Nevis, yet another running a half marathon. The money raised will support Briony to work on the project, create a website and publicity materials. To contribute - look out for collecting tins and sponsor forms around locally or follow the links on line from our website.

After an all too short 3 years with us Wellbeing Coordinator, Jane Bearne is leaving us. We are very grateful to her for all the fantastic work she has put in to support and enhance the lives of many through the Wellbeing Programme. We wish her and her husband (and the dog) all the best for their new life in Somerset. She will be sorely missed.

For further information on any of the above please call the KingsCare office on 01626 357090 or visit our website [www.kingscare.co.uk](http://www.kingscare.co.uk)