



**Memory Café Opening in Kingskerswell on**

**Wednesday 21<sup>st</sup> November 2018**

**2.30 pm to 4.30 pm**

**Then every 3<sup>rd</sup> Wednesday of the month at**

**The Community & Leisure Centre in Kingskerswell, Dobbin Arch**

We will offer a welcoming, stimulating and supportive setting for adults with memory loss and their carers/partners to provide a needed break from everyday routine OR for anyone who would simply like company for the afternoon

The afternoon will provide the opportunity to socialise and relax in a calm environment through a variety of entertainment, songs and enjoyable activities – often with the emphasis on reminiscence - with light refreshments of course

Transport can be arranged if booked in advance

Do contact Gill Gould at Kerswella if you would like to know more

**07554 667037 [gill.gould2@nhs.net](mailto:gill.gould2@nhs.net)**

We do not charge to attend but you are welcome to give a voluntary donation to help cover our costs and we will have a raffle each session

